

## IronMind Red Nail™: Rules for Bending and Verification

## Rules for Bending a Red Nail™:

There are several recognized methods for legitimately bending an IronMind Red Nail:

- hands at waist-level, bending the nail downward into a U
- hands at chest-level, bending the nail downward into a U
- hands at head or chest level, bending the nail upward into a U

## Other variations of these are acceptable, so long as:

- 1. Only your hands are touching and bending the nail.
- 2. You are not pushing the nail against any other body part or other object.
- 3. You are not using any other materials or devices, except for a pair of IronMind's Hand Pads, which can be folded to pad the palms or simply wrapped around the entire nail.
- 4. The bend is completed within 1 minute.
- 5. You are bending an authentic IronMind Red Nail<sup>TM</sup> that has not been modified in any way.
- 6. You bend the nail into a U shape.

Verification:	
Bender:	
Telephone:	E-mail:
I verify that	has bent an IronMind Red Nail™ following all of the rules listed above
Witness:	
	Date:
Telephone:	E-mail:

Please **return this completed form and the bent Red Nail** to IronMind Enterprises, Inc., P O Box 1228, Nevada City, CA 95959 USA; tel: 530-272-3579; fax: 530-272-3095; e-mail: sales@ironmind.com

