



MAS Wrestling USA - What's up in this summer?

- May 31: MAS Wrestling Southern Ohio Championship CROSSFIT 740 Lancaster, Ohio
 - o Open Local Tournament, Men, Women and Teen in weight categories
 - o Information http://maswrestlingusa.com/southern-ohio-mas-wrestling-championship
 - Online entry form http://maswrestlingusa.com/southern-ohio-championship
- June 7: Central USA MAS Wrestling Championship, Kokomo, Indiana
 - Men, Women, Teen Men and Teen Women in weight classes
 - Weight class winners, free entry into North American Continental MAS Wrestling Championship in San Jose,
 - http://maswrestlingusa.com/2014-central-usa-mas-wrestling-championship-regulations
 - o Online entry form http://maswrestlingusa.com/central-usa-mas-wrestling-championship
- June 14: Maryland State MAS Wrestling Championship, 520 North Cannon Ave. Hagerstown, MD
 - Open Local Tournament, Men, Women and Teen in weight categories
 - The event is sponsored by Reebok and GNC. Prizes will vary from apparel and supplements.
 - Contact: DaKari Williams 301-801-1288 crossfithagerstown@gmail.com
- > June 20-22: Sorinex Summer Strong, Irmo, South Carolina
 - o Clinic, demo and coaches and audience participation/challenges only
 - o Contact Steve Slater for information Steve@MasWreslingUSA.com
- June 22: Yakutsk Festival Gualala, California
 - International Absolute tournament, invite ONLY and includes 4 top International MAS wrestlers including from Russia
 - Russian athletes will hold clinic and share their "secrets" on Saturday June 21
 - Contact Odd Haugen for information Odd@MasWreslingUSA.com
- July 5-6: UFC Fan Expo, Mandalay Bay Convention Center, Las Vegas, Nevada in conjunction with two major UFC MMA cards, UFC 175 and Ultimate Fighter Finale
 - Clinic, demo and fan participation/challenges only
 - Contact Odd Haugen for information <u>Odd@MasWreslingUSA.com</u>
- > July 12-13: North American MAS Wrestling Continental Championship, San Jose McEnery Convention Center, San Jose, California
 - o Continental Qualifier for the World Championship with top field of competitors
 - Open Tournament , male, female, all weight classes, international athletes welcome
 - o Come earn your spot and a trip to Russia
 - o http://maswrestlingusa.com/2014-north-american-mas-wrestling-championship-regulations
 - Online entry form http://maswrestlingusa.com/596-2
- August 3: Central Oregon Feats of Strength MAS Wrestling, Deschutes County Fair & Rodeo, Redmond, Oregon
 - o Men, Women, Teen Men and Teen Women in weight classes
 - o http://maswrestlingusa.com/central-oregon-feats-of-strength-mas-wrestling
 - o Contact Coach Chuck Munsey coachmunsey@gmail.com for information
- August 9: Hawaii Open MAS Wrestling Tournament, in conjunction with ICON Sport Grappling at Blaisdell Arena, Honolulu, Hawaii
 - o Men, Women, Teen Men and Teen Women in weight classes













o Contact odd@maswrestlingUSA.com for information.

Right now MAS WRESTLING USA 2014 memberships gets you 2015 Membership Fee Waived (i.e. it pays you up through 12/31/2015); plus \$50 Value in Coupon Discounts: \$25 coupon for NSF Certified for Sport dotFIT Nutritional Supplements (www.dotfit.com); \$20 coupon good for member T-shirt or other apparel, training and fitness gear (www.MASwrestlingUSA.com); and \$5 coupon for Ironmind Captain of Crush (www.ironmind.com). Annual cost of the membership is only \$50. You can't beat that!





