

JUST PROTEIN®

Vanilla Almond

Nutrition Facts

Serving Size: 1/4 cup (28 g)
Servings Per Container: About 80

Amount Per Serving

Calories 120 **Calories from Fat 0**

		% Daily Value*
Total Fat	0 g	0%
Cholesterol	20 mg	7%
Sodium	75 mg	3%
Potassium	70 mg	2%
Total Carbohydrates	7 g	2%
Dietary Fiber	0 g	0%
Sugars	0 g	
Protein	18 g	36%
Calcium		21%

Not a significant source of saturated fat, *trans* fat, Vitamin A, Vitamin C and Iron.

*Percent Daily Values are based on a 2,000 calorie diet.

Your Daily Values may be higher or lower depending on your calorie needs.

	Calories	2,000	2,500
Total Fat	Less than	65 g	80 g
Sat Fat	Less than	20 g	25 g
Cholesterol	Less than	300 mg	300 mg
Sodium	Less than	2,400 mg	2,400 mg
Total Carbohydrates		300 g	375 g
Dietary Fiber		25 g	30 g
Protein		50 g	65 g

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4

INGREDIENTS: Calcium Caseinate (Milk Protein), Instant Non-fat Dry Milk, Whole Egg and Natural Vanilla Almond Flavor.

Contains: Milk, Egg and Tree Nuts (Almond).

This product was manufactured in a facility that may also process ingredients containing wheat, soybeans and peanuts.

Naturally Occurring Amino Acid Profile (mg per 28 g scoop)*

Essential Amino Acids	(mg)
L-Lysine	1228
L-Methionine	432
L-Phenylalanine	778
L-Threonine	747
L-Tryptophan	159
L-Isoleucine (Branch Chain)	926
L-Leucine (Branch Chain)	1458
L-Valine (Branch Chain)	1093

Additional Amino Acids	(mg)
L-Alanine	486
L-Arginine	614
L-Cystine	84
L-Proline	1751
L-Tyrosine	920
Glycine	398
L-Histidine	465
L-Aspartic Acid	1150
L-Serine	972
L-Glutamic Acid	3414

*subject to natural variability

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