

# JUST PROTEIN®

Vanilla Almond

## Nutrition Facts

Serving Size: 1/4 cup (28 g)  
Servings Per Container: About 80

Amount Per Serving

**Calories 122**    **Calories from Fat 6**

		% Daily Value*
<b>Total Fat</b>	1 g	2%
<b>Cholesterol</b>	5 mg	2%
<b>Sodium</b>	84 mg	4%
<b>Potassium</b>	231 mg	5%
<b>Total Carbohydrates</b>	7 g	2%
Dietary Fiber	0 g	0%
Sugars	7 g	
<b>Protein</b>	18 g	36%
<b>Calcium</b>		35%

Not a significant source of saturated fat, *trans* fat, Vitamin A, Vitamin C and Iron.

\*Percent Daily Values are based on a 2,000 calorie diet.

Your Daily Values may be higher or lower depending on your calorie needs.

		Calories	2,000	2,500
Total Fat	Less than	65 g	80 g	
Sat Fat	Less than	20 g	25 g	
Cholesterol	Less than	300 mg	300 mg	
Sodium	Less than	2,400 mg	2,400 mg	
Total Carbohydrates		300 g	375 g	
Dietary Fiber		25 g	30 g	
Protein		50 g	65 g	

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4

**INGREDIENTS:** Calcium Caseinate (Milk Protein), Instant Non-fat Dry Milk, Whole Egg and Natural Vanilla Almond Flavor.

**Contains:** Milk, Egg and Tree Nuts (Almond).

This product was manufactured in a facility that may also process ingredients containing wheat, soybeans and peanuts.

## Naturally Occurring Amino Acid Profile (mg per 28 g scoop)\*

Essential Amino Acids	(mg)
L-Lysine	1228
L-Methionine	432
L-Phenylalanine	778
L-Threonine	747
L-Tryptophan	159
L-Isoleucine (Branch Chain)	926
L-Leucine (Branch Chain)	1458
L-Valine (Branch Chain)	1093
Additional Amino Acids	(mg)
L-Alanine	486
L-Arginine	614
L-Cystine	84
L-Proline	1751
L-Tyrosine	920
Glycine	398
L-Histidine	465
L-Aspartic Acid	1150
L-Serine	972
L-Glutamic Acid	3414

\*subject to natural variability

Manufactured exclusively for:

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